

STOKE

RISE + SHINE

6:30am – 11:00am

FRESH FRUIT BOWL ^{GF} 8

FARM & SPARROW

STONE-GROUND OATMEAL 11
brown sugar, golden raisins, cinnamon

THE USUAL* 14

two cage-free eggs, bacon or sausage, toast

STOKE TOAST* 15

smoked salmon, avocado, capers, pickled onions, georgia evoo

CHICKEN BISCUIT 14

pimento cheese, bacon, maple syrup

AVOCADO TOAST 10

herb ricotta, radish, sea salt, georgia evoo

WAFFLES 12

apple butter, fresh berries, maple syrup

STOKE CMN OMELET ^{GF} 15

choice of three:

bacon | sausage | ham | onion | mushroom
tomato | goat cheese | red pepper | spinach | cheddar
(\$1.50 per additional item)

COMPANIONS

WHOLESOME YOGURT PARFAIT	8
BISCUIT	4
SAUSAGE OR BACON	4
BREAKFAST POTATOES	6
<i>FARM & SPARROW</i> GRITS	5

BEVERAGES

FRESHLY BREWED COFFEE	3
HOT OR ICED TEA	3
MILK OR JUICE	4
SOFT DRINKS [PEPSI PRODUCTS]	3

STOKE | 100 W. Trade Street; Charlotte, NC 28202 | 704.353.6005 | www.stokecharlotte.com

* These items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. GF indicates options that are or can be prepared gluten-free. Please notify your server of any food allergies prior to ordering.

*Parties 6 or more will have an 20% service charge added to check.

STOKE

LUNCH

IS

SERVED

11:00am – 2:00pm

SHARE IT ...OR NOT

GARBAGE FRIES 12
pimento cheese, beef gravy, scallions

FROM THE GARDEN

KALE-BROCCOLI BOWL ^{GF} 13
pickled onions, dried cranberries, candied pecans, creamy dressing

100 GARDENS SALAD ^{GF} 12
green + red oak lettuce, chives, radish, heirlooms, parmesan, cashews, buttermilk dressing

ADD A PROTEIN:
grilled or fried chicken 6 | market fish 10 | strip steak* 10 | sautéed shrimp 8

HANDHELD

THE CLASSIC* 20
NC beef, American cheese, lettuce, tomato, pickle, lusty monk | *served with fries*

STOKE CHICKEN BLT 15
grilled chicken breast, lettuce, tomato, bacon, chipotle mayo | *served with fries*

FORK + KNIFE

FRIED FISH TACOS 15
cornmeal dusted market fish, avocado, criolla, house tartar | *served with fries*

SHRIMP + GRITS ^{GF} 28
tasso ham, lump crab, lobster gravy, green onions

COMPANIONS

fries 3 | side salad 4 | side fruit 4

BEVERAGES

FRESHLY BREWED COFFEE	3
HOT OR ICED TEA	3
MILK OR JUICE	4
SOFT DRINKS [PEPSI PRODUCTS]	3

STOKE | 100 W. Trade Street; Charlotte, NC 28202 | 704.353.6005 | www.stokecharlotte.com

* These items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. GF indicates options that are or can be prepared gluten-free. Please notify your server of any food allergies prior to ordering.

*Parties 6 or more will have an 20% service charge added to check.